



sapphire

skin care
& healing

Relax. Learn. Heal.

SAPPHIRESKINCARE.COM



*Sapphire is time.
Time away from the rush
of a day. Time to savor.
Time to consider your
skin and what it needs,
without interruption and
without the rush of a
revolving door. Sapphire is
a sanctuary, if you will —
an oasis for your skin.*

Welcome.



facials

All 90 minute facials incorporate extensive facial massage. Gentlemen enjoy lots of steamed towels with any facial.

Sapphire Custom European Facial

A facial straight from the heart of my training at the Euro Institute of Skin Care. Products and protocols will be selected to provide an individual experience that achieves effective results just for you, no matter what your skin type or condition is. You will walk away relaxed, rejuvenated and inspired. Includes a hand and arm massage, a foot rub and warm booties.

60 MINUTES FOR \$95; 90 MINUTES FOR \$120

Epicuren® Signature Facial

This facial highlights Epicuren Discovery's superior performance-based products to dramatically lift, tighten, and firm, significantly improving the skin's texture and tone. I promise your skin will look amazing. Includes the use of a stimulating enzyme exfoliant, a hand and arm massage, a foot rub and warm booties.

60 MINUTES FOR \$115; 90 MINUTES FOR \$145

Petite Custom Facial

For when you are short on time but still need pampering. An abbreviated facial with custom-selected cleanser, exfoliant, and mask.

30 MINUTES FOR \$55

Preteen/ Teen Custom Facial

(parental consent required if under 18)

Introduces preteens and teenagers to the basics of skin care so that they can establish healthy habits for years to come. This is a simple yet effective facial that includes deep cleansing and gentle extractions to help keep pores clean. Includes a hand and arm massage, a foot rub and warm booties.

60 MINUTES FOR \$85

advanced exfoliation facials

Epicuren Professional Peel Facial

Epicuren's professional peels have a slow-release system that reduces inflammation and irritation. An advanced exfoliating treatment that improves fine lines, acne, hyperpigmentation, and dull and dry complexions for smoother, softer skin. Uses Lactic Acid and/or Glycolic Acid and can be performed weekly until desired results are achieved (no more than 6 to 8 weeks).

*60 MINUTES FOR \$115; 90 MINUTES FOR \$145
OPTIONAL ADDITIONS—DECOLLETE & HANDS \$20 EACH*

Microdermabrasion Facial

Microdermabrasion is an effective physical form of exfoliation that uses microcrystals or walnut shells along with a gentle vacuum system. Non-invasive, and can be performed in a series of treatments every 10-14 days. Refines texture of the skin, stimulates collagen and elastin, and reduces the appearance of fine lines and wrinkles, hyperpigmentation and scarring.

*60 MINUTES FOR \$145; 90 MINUTES FOR \$180
OPTIONAL ADDITIONS—DECOLLETE & HANDS \$20 EACH*



Time simply for you.

reiki

Reiki Treatment

Reiki is a simple yet powerful noninvasive form of healing that is administered with a gentle hands-on touch.

It promotes a deep relaxation, helps reduce stress and pain, and stimulates the body's own natural healing process.

You will leave the bed with an amazing sense of peace and calm. Ahhhh.....

60 MINUTES FOR \$75

add to any facial treatment

+ LED light therapy

10 minutes for \$40

20 minutes for \$70

30 minutes for \$100

+ Face Waxing

Lip \$10

Chin \$15

Brows \$22

+ Tinting

Brows \$18

Lashes \$28

+ Microdermabrasion

Face and neck \$50

Decollete \$20

Hands \$20

+ Reiki

10 minutes for \$20

20 minutes for \$35

30 minutes for \$45

+ Aromatherapy Foot Soak

\$20

classes

All classes are held at Sapphire Skin Care & Healing in Northwest Portland.

Reiki Classes (~ 6 hours)

Level I \$185

Level II \$260

Level III \$330

Teacher \$450

Skin Care Classes (~2 hours)

Preteen* \$30

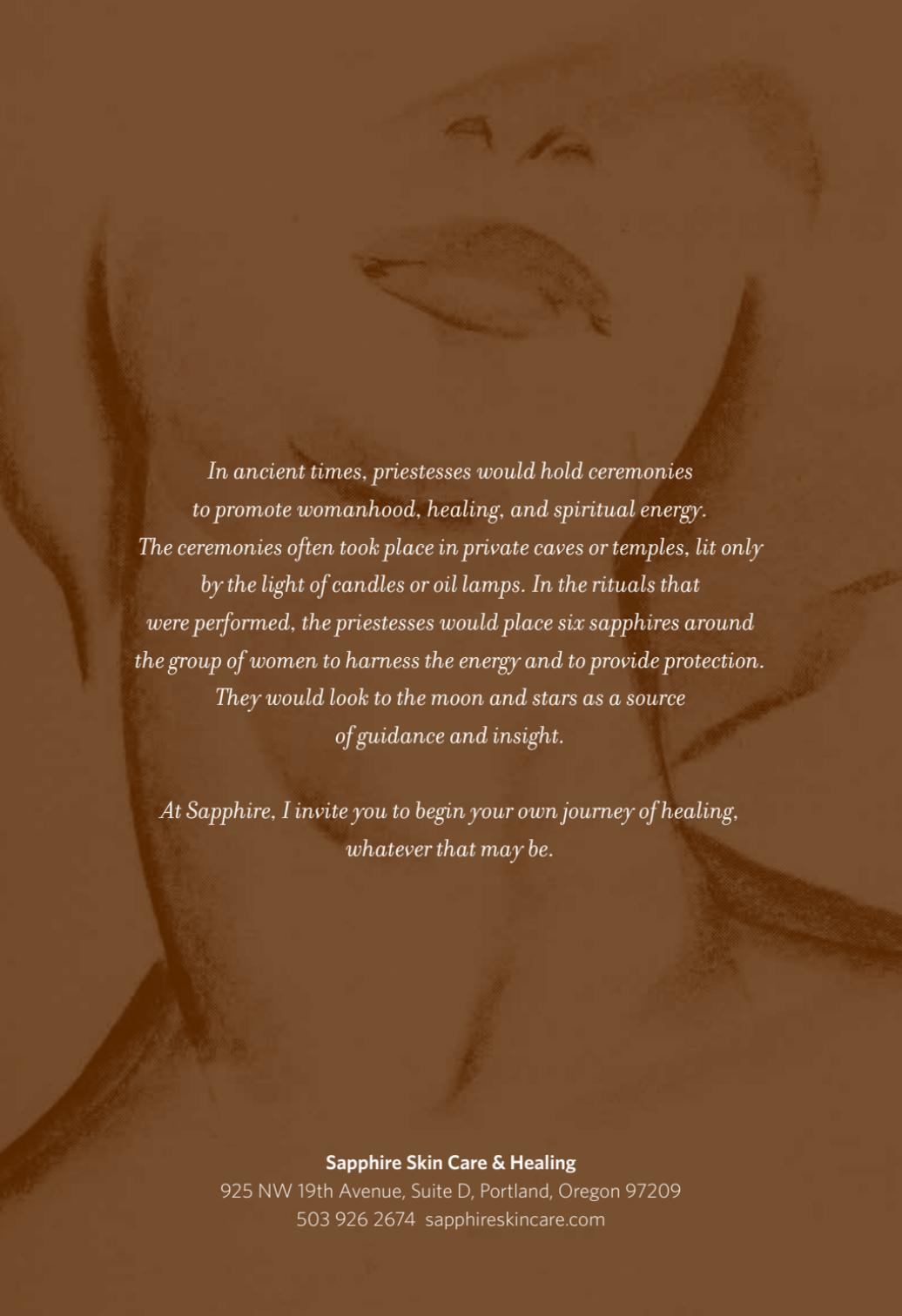
Teen* \$35

Adults \$40

*Sapphire Skin Care & Healing is a proud partner of Girl Scouts of Oregon and SW Washington.

*To schedule an appointment,
please call
503 926 2674
or email me at
patti@sapphireskincare.com*





In ancient times, priestesses would hold ceremonies to promote womanhood, healing, and spiritual energy. The ceremonies often took place in private caves or temples, lit only by the light of candles or oil lamps. In the rituals that were performed, the priestesses would place six sapphires around the group of women to harness the energy and to provide protection. They would look to the moon and stars as a source of guidance and insight.

At Sapphire, I invite you to begin your own journey of healing, whatever that may be.

Sapphire Skin Care & Healing

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